



CONCORD ORTHOPAEDICS

ROUTINE RECOMMENDATIONS WHILE TAKING POTENT ANTI-INFLAMMATORY MEDICATIONS

Please be aware that Non Steroidal Anti Inflammatory Drugs (NSAIDs) can cause stomach and intestinal bleeding ulcers. The following recommendations are made for your safety.

- If you have had an ulcer in the past, be sure to inform your physician before taking a potent anti-inflammatory medicine
- If you are subject to stomach trouble of any kind, be sure that the physician knows this. While this may not prevent you from taking the medication, it is wise to consider since people who are prone to “acid stomach” may not be able to tolerate the medication
- Alert your physician if you are taking any kind of anticoagulants ie: heparin, coumadin, warfarin
- Always take the medication with food or meals
- Between meals take milk, Maalox, Mylanta, etc. when the stomach gets empty or you experience a gnawing feeling
- At bedtime, take the medication with milk or a small snack. An antacid can also be used
- If you do get stomach pains, stop the medication immediately and do not take it again before seeing or calling your physician
- Some samples provided may not have childproof caps. Please be sure to keep this and all medications out of the reach of children.