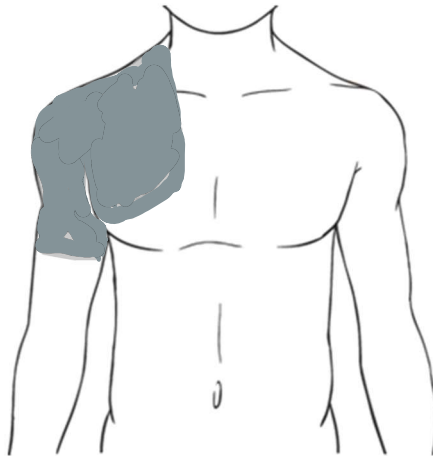


Preoperative Skin Preparation Instructions

It is important to follow these instructions to prepare your skin for your upcoming surgical procedure. Our skin is naturally colonized with bacteria; following these instructions can help to reduce your risk of infection at the time of surgery.

1. Benzoyl Peroxide 5% Gel

You have been given a prescription for this medication, which can be obtained from your local pharmacy. The gel needs to be applied to your surgical shoulder for **THREE DAYS PRIOR** to your procedure, **TWICE A DAY**. For example, if your surgery is on a Monday, you should apply twice a day on Friday, Saturday, and Sunday. Do **NOT** use the gel on the morning of your surgery.



Please apply in the areas shaded above. Do not apply under your armpit area.

2. Chlorhexidine Gluconate Solution

The bottle of chlorhexidine be provided to you at your pre-surgical testing appointment. You should take a shower and wash your body with this solution the **NIGHT PRIOR** to surgery, and the **MORNING OF** surgery.

- On the night prior to surgery, please apply the gel (from step 1) **AFTER** your shower.
- On the morning of surgery, shower with the solution only, and **DO NOT** apply the gel.

Thank you for helping us to reduce your risk of infection!