



ORTHOPAEDIC SURGERY CENTER



Please join the Nurse Navigator for preoperative total hip and total knee class!

Who – Anyone scheduled for total hip or total knee surgery and their coach in the next month.

What – The Nurse Navigator will review what to expect after surgery and answer any questions you may have.

Where – Orthopaedic Surgery Center at 116 Langley Parkway in the lobby.

When – Every other Wednesday at 5 PM for one hour.

Why – Class is meant to give you the tools you need to achieve a successful recovery!

To sign up you can call Vicki at (603) 724-2353 or email Vicki at vicki.ribsam@concordortho.com

When signing up for surgery you can give your name, date of birth, coach's name, date of surgery, and surgeon.